

The 8th Day Message

INSPIRATION FOR JULY 2011

Have you ever come to the end of a very accomplished week, but was too exhausted to even know what day it was? Welcome to the world of human beings! Sometimes we have weeks that we are insanely hilarious to see the end of! Weeks come and weeks go, but nowadays the weeks are just fluttering by! A short while ago we were welcoming in this new year of 2011, and now we have celebrated another Independence Day, and find ourselves past the middle of this new year! Where have all the days and months gone? [Why](#) are the days fleeting by so quickly? Even small children are now noticing how quickly the Christmases are arriving!

Can we do anything about how fast our days are passing by, and how quickly the hours of our lives greet us but for a moment and then leave like a stranger passing by? No. But I say, savor the moments of your life! Love with all your might. Don't hold grudges, and don't wear your feelings on the cuffs of your shirt sleeves! Life is far too short to spend its fleeting moments all sour and sore!

Laugh a lot, not at people but with people, and allow people to laugh with you. There's so much to smile and chuckle about, do it often. Keep beautiful thoughts in your mind, and keep quality imaginations stored up inside you that will cause a calm to come over you when needed. The mind is a wonderful thing if we allow it to be!

If you believe in [Creator-God](#), rest in His arms of love when you are tired. Jesus once said: *"Come to Me, ALL you who labor and are heavy laden, and I will give you rest. Take my yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light." What poetic words, what a gentle persuasion, what wooing! How many of us can say that we are gentle and lowly of heart? How many of us can say that our yoke is easy and our burden light? Who would ever want to share a yoke? What a loving Savior; what a loving God! Friends are you weary today? I am, for I have had a good week, but a full one, and I am ready for the rest that Jesus offers and for the day of rest He created with you and me in mind.

No matter what kind of week you have had, no matter how weary you are today, take Jesus up on His offer, rest in His arms today and enjoy His Sabbath rest. You will feel rejuvenated and refreshed, fit to face another week when Monday comes. Our body tells us that the seventh day, Saturday, was meant for [rest](#). For once, let's listen to our bodies and rest!

*Words of Jesus: Matthew 11:28-30, NJKV